

# STUDENT FEEDBACK

## How would you describe your leaders?

- They are helpful, they are kind and they really change the way you feel
- I would say that they are amazing and helpful. I would recommend them
- They are funny, encouraging, helpful and understanding people

## What is your biggest take away from the programme?

- Being with two people I can trust
- The baking and the help and advice I have received
- How much Matt and Sarah cared about us and how much they wanted to help
- Speak positively to others

## Did you find your one-to-one sessions helpful?

- Yes - Because we get to be listened to
- Yes - I found this helpful because it made me feel better when I talked about things that I have kept in for ages
- It gave me the opportunity to speak to someone about my thoughts and feelings each week and get stuff off my mind

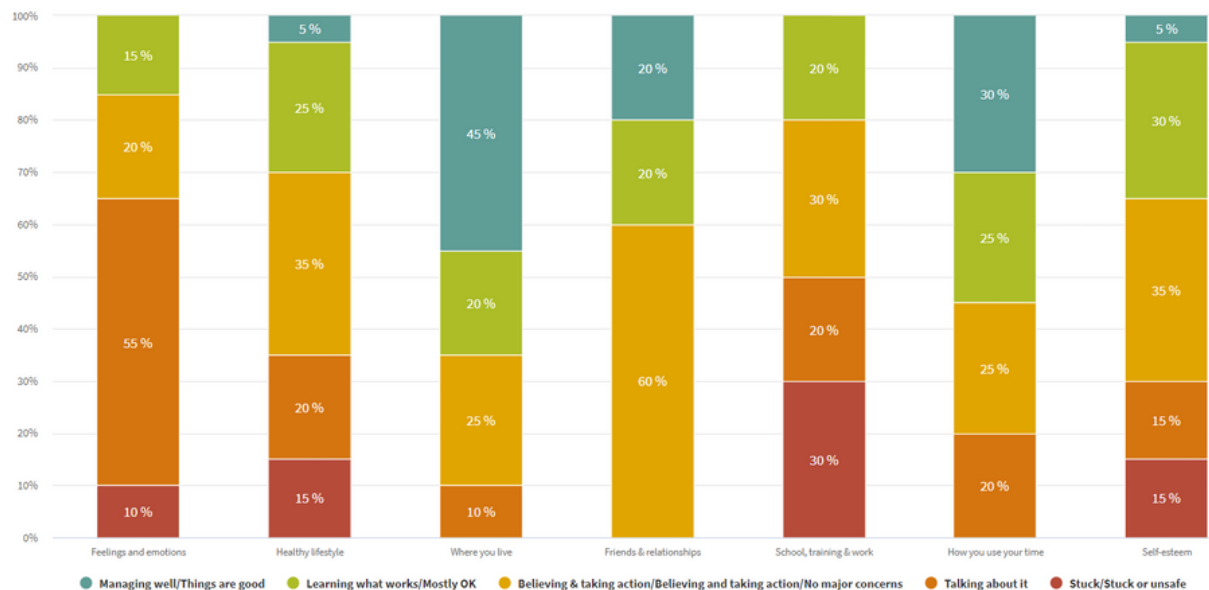
Low reading in 1+ area  
**91%**

Low reading in 2+ area  
**87%**

Low reading in 3+ area  
**78%**

Start of the programme

# RESULTS 2021



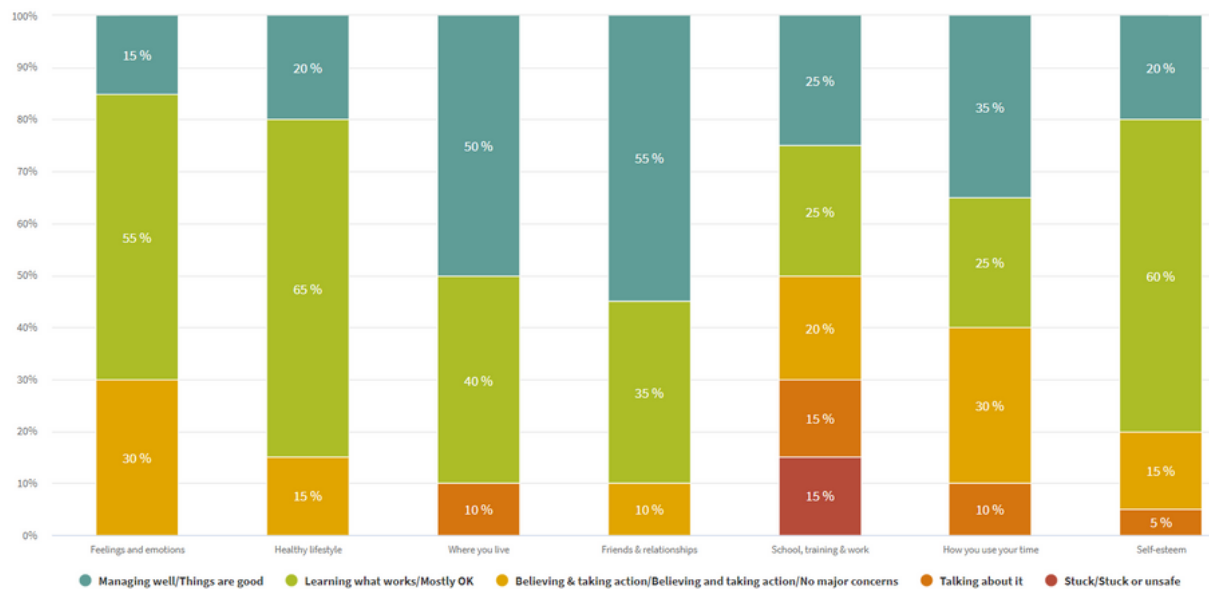
The graph above and below show the 'before and after' of how the young people feel towards the different areas. The colour charts highlight the progression made by showing a decrease in the presence of red and orange in each of the columns and an increased presence of amber, green and teal.

Low reading in 1+ area  
**70%**

Low reading in 2+ area  
**50%**

Low reading in 3+ area  
**30%**

End of the programme



## ARE PEOPLE MAKING PROGRESS?

### In 1+ outcome areas

Percentage of people making progress in at least one outcome area

100%

### In 2+ outcome areas

Percentage of people making progress in at least two outcome area

95%

### In 3+ outcome areas

Percentage of people making progress in at least three outcome area

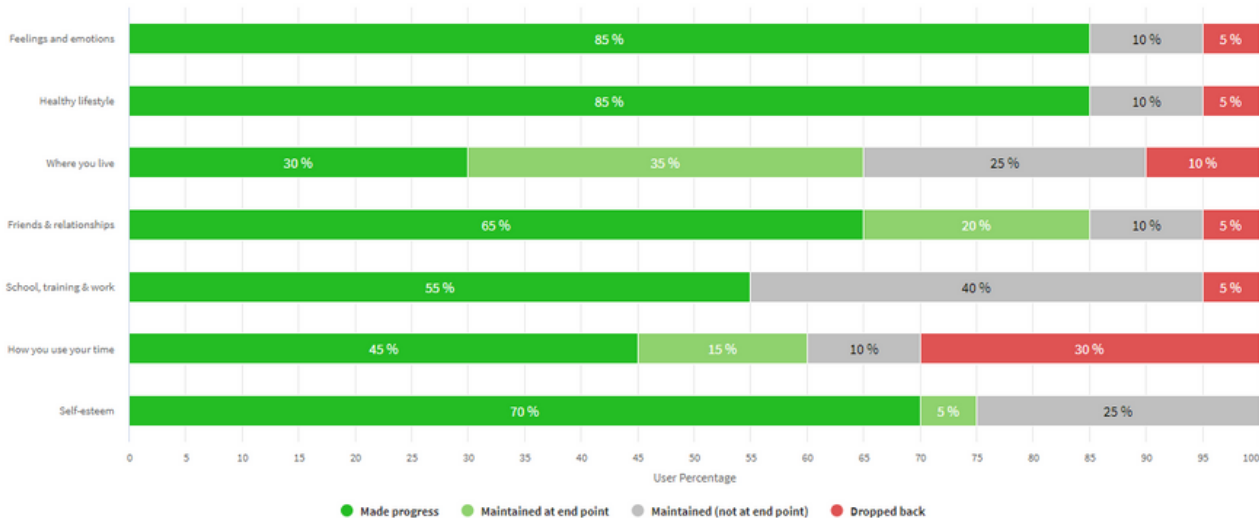
85%

### Outcome areas showing progress

Average number of areas in which someone is making progress

4.3

### How much progress are people making in each outcome area?

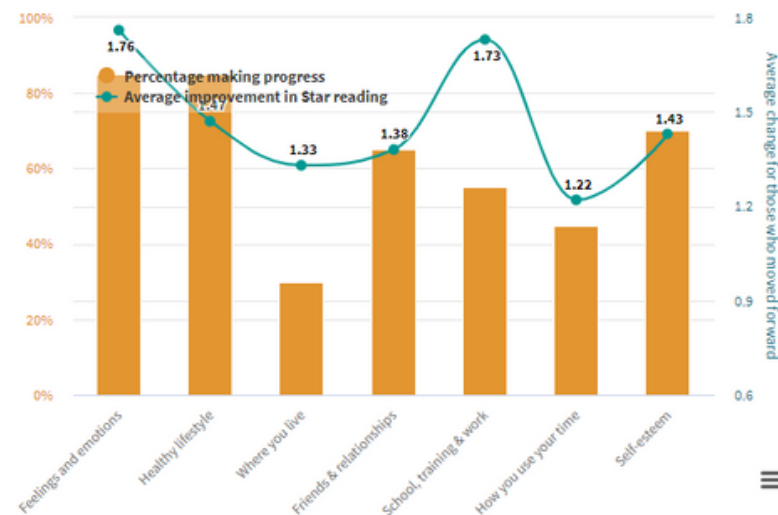


\*maintained at end point means that they marked themselves at the highest possible (5). Maintained (not at end point) means that they maintained any score that is lower than the maximum (5).

The orange blocks show the percentage of progress made by the young people in each of the different star readings. The blue line represents the average improvement in star reading made in that particular star area.



### In each outcome area, how much progress are people making?



## STUDENT FEEDBACK

### Would you recommend others get the opportunity to do the programme?

- Yes - I would recommend this because this has made me more confident in myself
- Yes - So they have someone to speak to about their problems
- Yes - If someone asked if they should do it I'd say try it because it can really help
- Yes - Because it's fun and I have learnt new things
- Yes - So that they get the same experience as us
- Yes - Because they are really kind and helpful